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Irish Sarcoidosis Support Network

What is sarcoidosis?

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- Sarcoidosis is an inflammatory disease.
- It affects thousands of Irish people, mainly 20 to 40 year olds.
- It can occur in any organ of the body - most commonly the lungs, eyes, lymph nodes and skin.

What are the symptoms?

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Common symptoms include:

- extreme fatigue
- joint & muscle pain
- loss of appetite
- dry cough
- weight loss
- skin rash
- shortness of breath
- red eyes with itching
- enlarged lymph glands

Who can help?

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ISARC, the Irish Sarcoidosis Support Network, offer support and provide information to sufferers, their families and carers. We hold regular support group meetings, often with guest speakers who are involved in the treatment of sarcoidosis.

For information about ISARC in your area visit:

www.isarc.ie or email: **info@isarc.ie**

